

*"Keep thy heart with all diligence; for out of it are the issues of life." Proverbs 4:23*

The “keep” was the most guarded place in the entire castle. It was the most fortified and protected. It was usually high up in a tower with one easily defended stairway leading to it. It usually had one narrow window, and was located in the thickest part of the wall. The English word “keep” has evolved from



the place called the “keep.” It means to guard most fervently. Constantly alert to any threat and ready to defend “to the death!” This lends some small understanding to what the Word of God tells us. The “heart and soul” of something is its innermost life force. You’ve often heard the expression used in reference to an ideal or set of plans. Our heart/soul is the essence of who we are. We are like a million individual snowflakes, each having the same basic structure, but each beautifully unique. We are a “living soul” with a body and spirit. Our soul is eternal in the image of God, and will exist forever. It is important that we determine our eternal destination while we traverse the transient vapor of this life. We should be constantly vigilant of the translucent dainties that would woo us away from our eternal bliss. We must ardently question anyone who claims to be on an errand for the KING, but has no proof in writing sealed with the KING’S unbroken seal. They cannot be admitted to the “keep” of our heart. Oh, they may have gotten past the “ear gate” and the “eye gate,” but just because they’ve gained entrance to the castle yard, does not give them automatic access to all rooms, however, it does become easier. There are many sly and devious “winds of doctrine” that will try to blow past the security of our stronghold. Their aim is to destroy from within. We must have trained watchmen at each gate to sound the alarm whenever an enemy agent tries to slip past, so they can be immediately ejected. The schemes of some agents are so heinous as to warrant immediate execution. Others need to be simply turned away at the gate and cast out. We have an adversary who is tireless in his efforts to destroy us and we must never be caught “off guard.”

*"Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;" 2 Corinthians 10:5*